



Henna Indigo Kit Instructions – Black hair colouring

Thank you for your order. We hope that you enjoy your henna and indigo colour!

Both the henna and indigo should be kept out of direct sunlight. It is best stored in a cool dark place or in a fridge.

Your Kit Contents

Henna Powder – A green powder produced from the ground leaves of the henna plant.

Indigo Powder – From indigo plant. This is also a green powder. Labelled Indigo so you don't get them mixed up!

IMPORTANT! – The kit does not contain gloves. It is advisable that you wear gloves throughout. Also cover your shoulders and floor area. Henna will stain your hands, ears, neck and shoulders. Indigo will stain carpet and floors.

Using your Kit

You will also require. Gloves. Lemon Juice, Cling Film and an extra set of hands! (you can apply everything yourself however you are going to get a better result if you get a friend to help you!)



Mixing and Application.

IMPORANT.....WEAR GLOVES!

1. Mix the henna powder in a non metallic bowl with enough lemon juice to make into a thick paste. Stir vigorously to make sure that all the powder is mixed. Cover with cling film or a towel and leave for 24hrs. Then mix in water to make the paste into a more yoghurt consistency.
2. Wash, dry and comb your hair so that it can be sectioned easily.
3. Having left the henna for 24hrs it will have released its dye content. Now apply to the hair - make sure your hair is thickly covered with the henna all the way down to the roots. When your hair is completely covered wrap in cling film and clean off any of the henna that has found its way onto your forehead, ears, neck etc.
4. Leave between 3 – 4 hours and then wash the henna out of your hair. Towel dry and comb.

WAIT A MINUTE MY HAIR IS ORANGE!....henna will dye the hair orange to red. This is normal.

5. Now mix the same amount of indigo powder with water to a yoghurt consistency. Stir to make sure there is no lumps and that it is mixed properly. Apply to the hair immediately. **DO NOT** wait as you did with the henna after you mixed it. Indigo does not require time for dye release. Apply thickly – indigo is quite grainy and you can have trouble getting it to stick to the hair. Be patient!
6. Now your hair is covered wrap in cling film and wash off any that has fallen on to your neck, ears etc. Leave to sit for 3-4 hours and then rinse the indigo out of your hair. You can reduce the amount of time by putting salt into your indigo. Place in a teaspoon of salt per 50g and leave on your hair for 1-2 hours.

Indigo has a tendency to slowly oxidize and may give your hair a slight greenish tint. This will fade very quickly and your hair will settle to its dyed colour. **Do not worry!!** Your hair will not be physically green this will only be a tint that will disappear within a day.

TIPS!

Apply thickly and leave on for as long as possible. Light and quick applications will give poor results.

FREEZE all remaining paste immediately. You can then thaw it out and apply to your roots.

Wait until your Dad falls asleep and dye his beard and moustache with it...it works on those too!