



## **Henna & Cassia Kit Instructions – Strawberry Blond and Copper Red Colours**

Thank you for your order. We hope that you enjoy your henna and cassia colour!

Keep henna and cassia out of direct sunlight. It is best stored in a cool dark place or in a fridge.

### Your Kit Contents

Henna Powder – A green powder produced from the ground leaves of the henna plant.

Cassia Powder – This is also a green powder. Labelled Cassia so you don't get them mixed up!

**IMPORTANT!** – The kit does not contain gloves. It is advisable that you wear gloves throughout. Also cover your shoulders and floor area. Henna will stain your hands, ears, neck and shoulders.

### Using your Kit

You will also require. Gloves. Lemon Juice or Orange Juice, Cling Film and an extra set of hands! (you can apply everything yourself however you are going to get a better result if you get a friend to help you!)

### Colour Chart

Colour	Henna Required	Cassia Required
Strawberry Blond	20%	80%
Copper Red	50%	50%

The table above shows the percentages for each colour. The kit supplied comes with the henna and cassia powders weighed for the colour you have chosen. The above chart will mean that you can use any spare to apply to your roots in between full applications.



## **Mixing and Application.**

**IMPORANT.....WEAR GLOVES!**

Mix 50% Cassia with 50% Henna with lemon juice or orange juice in a non metallic bowl until like yoghurt.

Leave for 12 hours for dye release and then apply to your hair. Wrap in cling film and leave for 4 hours.  
Rinse out and towel dry. Also try this on dark brown, black hair for red highlights!

Make your hair have a red shine when the light hits!!

## **TIPS!**

Apply thickly. Light and quick applications will give poor results.

**FREEZE** all remaining paste immediately. You can then thaw it out and apply to your roots.

Wait until your Dad falls asleep and dye his beard and moustache with it...it works on those too!